



Conference Abstract

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**Competing Interest**  
The authors declare no competing interests.

Additional information is available at the end of the article.

**Conference Abstract**

**HONEY, A CURE FOR MANKIND—DIRECTION FROM THE HOLY QUR'AN**

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**Ethics approval and consent to participate:** No ethical approval needed for this research work.

**Consent for publication:** Author is agreed to submit this abstract for publication in this research journal.

**Availability of data and materials:** The information and data collected and/ or incorporated in this study is included in this manuscript.

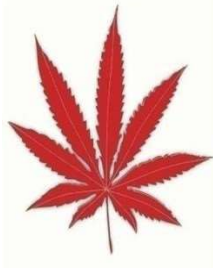
**Key words:** Honey, Cure, Holy Qur'an

**Speakers Profile**

Dr Tauseef Ahmad Khan is an Epidemiologist and currently is working as a Post-Doctoral Fellow at the Clinical Nutrition and Risk Factor Modification Centre, St Michael's hospital and the Department of Nutritional Sciences, University of Toronto. His research is on the investigation of the sources of sugar including honey and their effect on human cardiometabolic diseases using prospective cohort and clinical trial data.

**Abstract**

Honey has been mentioned in the Holy Quran as a cure for mankind which means that within honey are cures for human diseases. However, except for wound healing, cough relief in children, and post-chemotherapy to treat ulcers, honey is not used to treat any major human disease. In this talk I will discuss the current state of research on honey, and the future directions which the Holy Quran has opened for us in the two verses of Surah Al-Nahl. I will also show that by pondering over these verses and following the guidance and direction given by the Holy Quran in our research, we can find the secrets of honey and its curative potential



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